






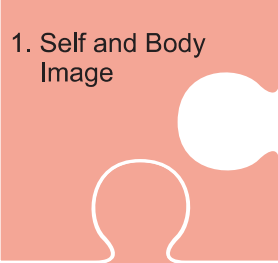

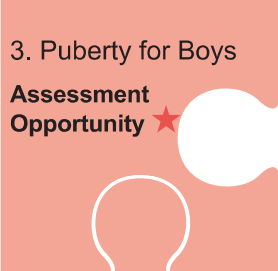
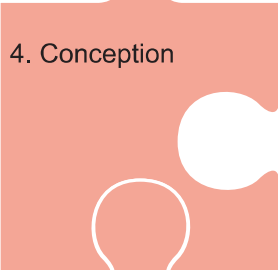
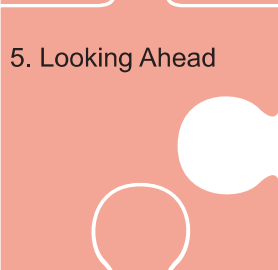
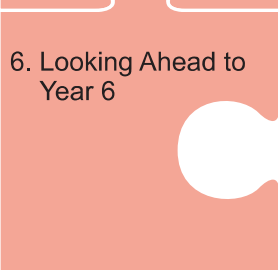
Relationships

Puzzle Overview - Year 5

Puzzle 5 Relationships	Puzzle Outcome Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'	
Pieces		
1. Recognising Me 	I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities	I know how to keep building my own self-esteem
2. Getting On and Falling Out 	I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends	I know how to stand up for myself and how to negotiate and compromise
3. Girlfriends and Boyfriends 	I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean	I understand that relationships are personal and there is no need to feel pressured into having a boyfriend/girlfriend
4. Girlfriends and Boyfriends 	I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean	I can recognise the feeling of jealousy, where it comes from and how to manage it
5. Relationships and Technology 	I understand how to stay safe when using technology to communicate with my friends	I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to others
6. Relationships and Technology Assessment Opportunity ★ 	I can explain how to stay safe when using technology to communicate with my friends	I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others

Changing Me

Puzzle Overview - Year 5

Puzzle 6 Changing Me	Puzzle Outcome Help me fit together the six pieces of learning about Changing Me to create a Tree of Change display	
Pieces		
1. Self and Body Image 	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem
2. Puberty for Girls 	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally	I understand that puberty is a natural process that happens to everybody and that it will be ok for me
3. Puberty for Boys Assessment Opportunity ★ 	I can describe how boys' and girls' bodies change during puberty	I can express how I feel about the changes that will happen to me during puberty
4. Conception 	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby	I appreciate how amazing it is that human bodies can reproduce in these ways
5. Looking Ahead 	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)	I am confident that I can cope with the changes that growing up will bring
6. Looking Ahead to Year 6 	I can identify what I am looking forward to when I am in Year 6	I can start to think about changes I will make when I am in Year 6 and know how to go about this